

# Dietary Restrictions? Try These!

|                                              | Vegan?                   | Vegetarian?              | Gluten Free?                | Dairy Free?        |
|----------------------------------------------|--------------------------|--------------------------|-----------------------------|--------------------|
| <b>Brownie</b>                               | NO                       | Yes                      | No                          | NO                 |
| <b>Basic Chicken Sandwich</b>                | NO                       | NO                       | NO                          | YES                |
| <b>Boneless Chicken Bites</b>                | NO                       | NO                       | NO                          | Yes with no ranch  |
| <b>Buffalo Chicken Sandwich</b>              | NO                       | NO                       | NO                          | Yes with no ranch  |
| <b>Buffalo Chicken Wrap</b>                  | NO                       | Vegan Chicken            | Grilled chicken and GF wrap | No                 |
| <b>Burger</b>                                | NO                       | NO                       | Gluten Free Bun             | YES                |
| <b>BBQ steak wrap</b>                        | NO                       | NO                       | Gluten free wrap            | NO                 |
| <b>Cauliflower bites</b>                     | NO                       | YES                      | NO                          | NO                 |
| <b>Caesar Salad</b>                          | NO                       | NO                       | No Croutons                 | NO                 |
| <b>Ceilie Poutine</b>                        | NO                       | no pulled pork           | NO                          | NO                 |
| <b>Classic poutine</b>                       | NO                       | YES                      | NO                          | NO                 |
| <b>Chicken Caesar Wrap</b>                   | NO                       | NO                       | Gluten free wrap            | NO                 |
| <b>Chicken Tenders</b>                       | substitute Vegan Chicken | substitute Vegan Chicken | NO                          | Yes                |
| <b>Chips and Salsa</b>                       | Yes                      | Yes                      | Yes                         | Yes                |
| <b>Cheesecake</b>                            | NO                       | YES                      | NO                          | NO                 |
| <b>Chicken Club</b>                          | NO                       | NO                       | NO                          | Yes with no cheese |
| <b>Double Double</b>                         | NO                       | NO                       | Gluten free bun             | NO                 |
| <b>Fries and Dip</b>                         | NO                       | Yes                      | NO                          | YES                |
| <b>Gluten Free Brownie *may contain nuts</b> | Yes                      | Yes                      | Yes                         | Yes                |
| <b>Gar Par Fries</b>                         | NO                       | NO                       | NO                          | NO                 |
| <b>Garlic Bread with cheese</b>              | NO                       | Yes                      | NO                          | NO                 |
| <b>Kettle Chips and Ancho Dip</b>            | Yes no dip               | Yes                      | Yes                         | Yes no dip         |
| <b>Nacho</b>                                 | NO                       | Yes                      | Yes                         | NO                 |
| <b>Pulled Pork Sandwich</b>                  | NO                       | NO                       | Gluten free vegan bun       | Yes                |
| <b>Tortilla Chips and Salsa</b>              | YES                      | YES                      | YES                         | YES                |
| <b>Taco Salad</b>                            | NO                       | Yes                      | YES                         | NO                 |
| <b>Quesadilla</b>                            | NO                       | Yes                      | Gluten free wrap            | NO                 |
| <b>Veggie Burger</b>                         | YES                      | Yes                      | Gluten free bun             | Yes                |

|                             |
|-----------------------------|
| <b>Vegan Items we stock</b> |
| Vegan Chicken tenders       |
| Vegan Brownies              |
| Tortilla chips              |
| Veggie Burgers              |
| Salsa                       |

|                                   |                                                                                                                                              |                                                                                                                                                   |
|-----------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Gluten free items we stock</b> | <b>*gluten free vegan<br/>vegan brownies<br/>are different<br/>than our normal<br/>brownies and are<br/>marked, and may contain<br/>Nuts</b> | <b>We are not a nut free<br/>facility and can not<br/>guarantee that items<br/>have not come into<br/>contact with nuts<br/>during prodiction</b> |
| Buns                              |                                                                                                                                              |                                                                                                                                                   |
| wraps                             |                                                                                                                                              |                                                                                                                                                   |
| Tortillas                         |                                                                                                                                              |                                                                                                                                                   |
| grilled chicken                   |                                                                                                                                              |                                                                                                                                                   |
| Gluten Free Brownies              |                                                                                                                                              |                                                                                                                                                   |